

# The Bay Run Classic

## 27 July 2003

*Come out and join the community in the most beautiful  
7km course in Sydney*

**Run (7Km): 8:00 AM**  
**Fastest Dog in the Inner West (7km): 8:05 AM**  
**Walk (7km): 8:10 AM**  
**Awards: commencing at 9:15 AM**

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Taking place on Iron Cove in Sydney Australia, the Bay Run is a community event that brings people together in the name of health, fun and exercise. Whether you are a walker, an avid runner or just beginning a fitness program, there are events for everyone.

- 7Km Fun Run
- 7 Km Walk
- 7 Km Novelty (for the most unusual individual or group who completes the 7 km course in under 90 minutes)

The Bay Run takes place on 27 July 2003, just two weeks before the City to Surf run, making it a perfect training run. Complete the course in record time, personal best time or just to finish!

Participants may also register their dog for a range of competitions:

- The fastest dog in the Inner West (7 km event)
- Most beautiful/stylish dog
- Best dog/owner look alike

See us at [www.bayrun.com.au](http://www.bayrun.com.au) for a registration form.

### Course Description

The course is one of the most beautiful 7km in Sydney.

The Start: Runners and walkers will begin at the base of Glover Street next to the Leichhardt Rowing Club.

Runners will start at the Leichhardt Rowing Club and proceed in a counter-clockwise fashion past the, over the Iron Cove Bridge, past the Drummoyne Rowing Club, past the Drummoyne Sailing Club, the UTS Haberfield Rowing Club and on to the finish line.

Walkers and Dog Walkers will also will start at the Leichhardt Rowing Club and proceed in a counter-clockwise fashion past the, over the Iron Cove Bridge, past the Drummoyne Rowing Club, past the Drummoyne Sailing Club, the UTS Haberfield Rowing Club and on to the finish line.

There will be drink stations at the start and finish and at Nield Park on the course. There are toilets at the race start/finish. Park toilets can be found along the racecourse.

## Frequently Asked Questions – FAQ

**How do I get there?** The starting line is next to the Leichhardt Rowing club at the base of Glover Street in Lilyfield.

**How much?** Adult registration is \$15 and an Adult T-shirt is \$20. Child registrations are \$5 and a Child T-shirt is \$20.

**How do I get my T-shirt and race number?** T-shirts and race numbers will be handed out on the day of the race, commencing at 7:00 AM.

**Can I register on the day?** Yes.

**Can I bring my cat/ferret/pygmy pig/etc?** We can't stop you, but they will not be eligible for the Dog prizes (for obvious reasons)!

**What do you mean by a 7Km Novelty event?** We are hoping that our participants will surprise us with this category. Please make sure your mode of transport is *pedestrian* and safe to others. No wheels please.

**What do you mean by a Stylish Dog?** We don't have any fixed ideas about this, but it is very important that the dog looks comfortable and not stressed. If your dog doesn't like it, we won't either.

**What about children?** We encourage you to bring your children along to walk or run. Please make sure your child is supervised during these events. The fun run organizers will not be providing childcare or supervision for these events.

Any other questions? Contact [megan@clearadvantage.com.au](mailto:megan@clearadvantage.com.au)