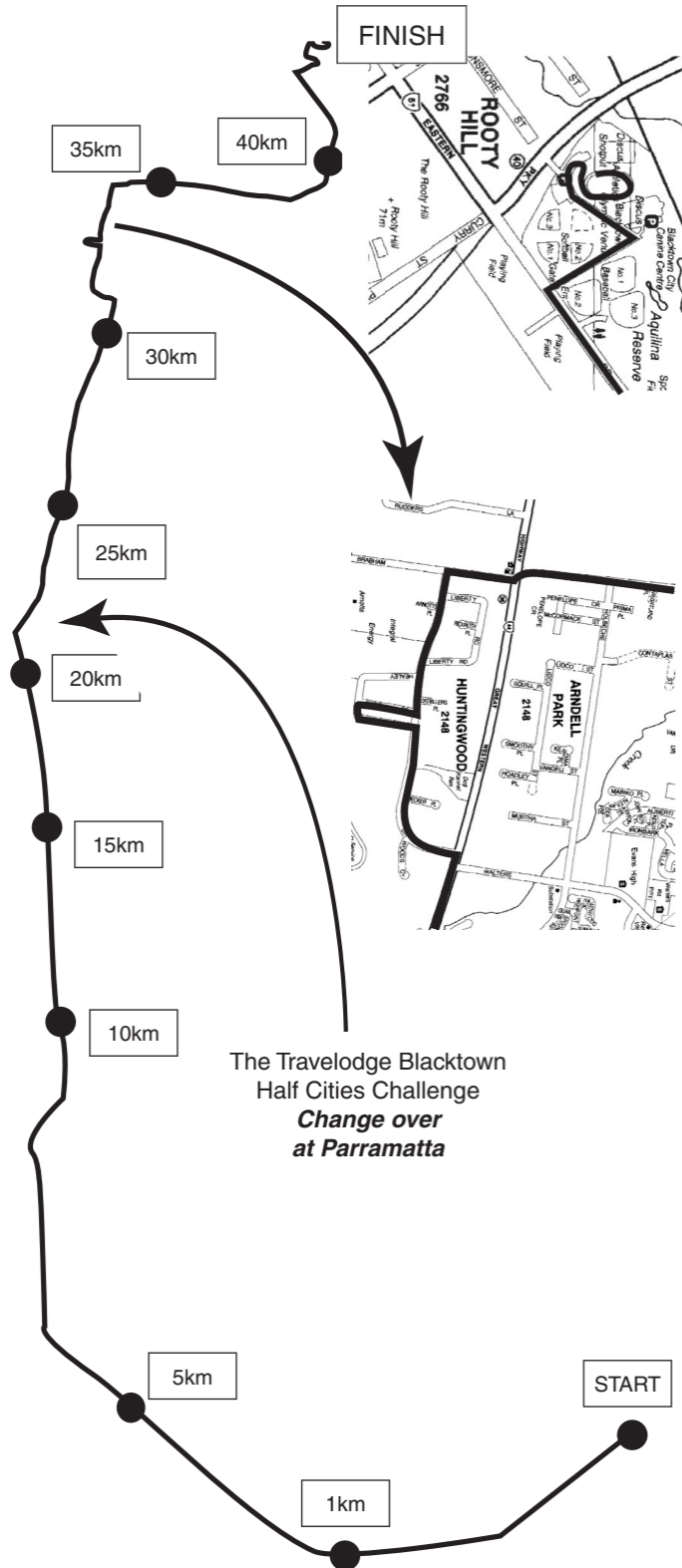


'CITIES' MARATHON

• CITY OF SYDNEY TO CITY OF BLACKTOWN •

FINISH
 40km Eastern Road after Doonside Road Roundabout
 35km Huntingwood Drive after Woods Close.
 30km Cnr Clunies Ross Rd Great Western H'way
 25km Opp No 254 Gt.Western Hwy West of Motorway
 20km Driveway 1/4-2/8 Parramatta Rd Granville
 15km Cr Courallie Ave & Parramatta Rd Homebush
 10km East of Short St on Parramatta Rd Croydon
 5km West of Cannon St outside of 352-362 Parramatta Rd Petersham
 1km Centre of George St near Railway Square
START
 Level with south of Police Station opp Town Hall
 Note: All points listed marked with a nail and a pink road marking paint near kerb.

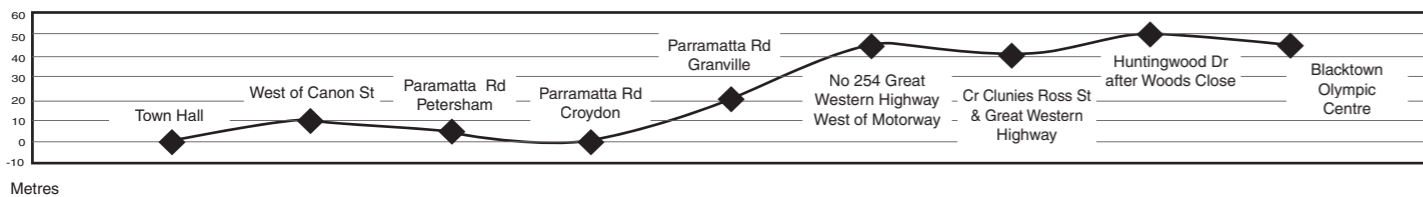


Route

Start George St adjacent to pole, run south for 1km and veer right across Railway Square, into Broadway and follow Parramatta Rd to Church St.
 Turn right into Church St and then left to the Great Western Hwy.
 Remain on the Great Western Highway until Huntingwood Drive.
 Left turn onto Huntingwood Drive.
 Right turn from Huntingwood Drive onto Brabham Drive.
 Cross the Great Western Highway into Doonside Road.
 Veer left from Doonside Road into Eastern Road and keep left.
 Right turn from Eastern Road into the Blacktown Olympic Centre.
 Left turn at roundabout, through carpark onto Athletics track.
 One lap anti-clockwise of athletics track to finish.
 Note: Course runs on left side of road unless otherwise noted.



Course Elevation



Blacktown City Council

— Growing With Pride —

PRESENTS THE

TWENTY THIRD

'CITIES' MARATHON

• CITY OF SYDNEY TO CITY OF BLACKTOWN •

**SUNDAY
 JULY 27th
 2003**

6.30am Start

The Travelodge Blacktown
 Half Cities Challenge Relay

Total Prize Money \$3500.00

Phone: (02) 9839 - 6075 For Details

Email: mark.gibson@blacktown.nsw.gov.au

Fax: 9831 1961

Proudly Supported by



MINCHINBURY
 FRUIT MARKET



Cadbury Schweppes



Quality Trophies

Race Information

- ENQUIRIES:** Phone Blacktown City Council (02) 9839-6075 – Special Events Unit or Email: mark.gibson@blacktown.nsw.gov.au or Fax: 9831 1961
- ELIGIBILITY:** The ‘Cities’ Marathon is open to all runners over the age of 16 years.
No Cyclists, Wheelchairs or Roller Skaters are allowed to enter or accompany the run.
- ENTRY FEE:** \$45.00 for all marathon competitors, \$60.00 for all half marathon teams. Non Refundable.
Entries received by 30th May will be automatically entered into the Blacktown Fun Runs 10km event on Sunday 1st June at Blacktown Olympic Park.
- RACE NUMBERS:** Entries received prior to 16th July will have their race numbers posted to them. All other race numbers will be available between 5.30 a.m. and 6.15 a.m. on race day.
- START:** 6.30 a.m. Sydney Town Hall, George Street, Sydney.
- COURSE:** A comprehensive route map will be sent to all Competitors.
- REFRESHMENTS:** Water will be available at 5km intervals. Runner’s special drinks will be delivered to drink stations if required. All runners requiring these must take them from the tables personally as no assistance will be allowed. Special fruit stations will be located at the 30km mark and at the finish.
- PRESENTATION AND SPECIAL AWARDS:** Presentations and special awards will be made as close to 11 a.m. as possible on day of race. Results will be posted on notice boards as they come to hand. No protests will be heard after 10.45 a.m.

Notes for entrants and race rules

- ENTRY OF ALL TEAMS:** Each member of the team must fill in the correct name of the team and category on the entry form. Make sure the name of the team reads the same on each entry form. The completed entry forms for ALL the members of the team must be posted in ONE envelope. NO TEAM ENTRIES ACCEPTED AFTER 17th JULY, 2003.
- THE TRAVELODGE BLACKTOWN HALF CITIES CHALLENGE:** Runner 1 will start at Town Hall with full marathon competitors. Runner 2 will meet at the designated change over point from 7.15am. A comprehensive information pack will be posted to all challenge competitors.
- START ASSEMBLY:** All participants must be assembled in Town Hall Square by 6:20 a.m., from here they will be led to the starting line. Race numbers must be securely attached to the front of your body cover and clearly displayed at all times or you may be considered as having abandoned the race. All results and times will be processed by your race number. Runners not assembling in the correct area or accepting lifts or entering the race at other points than at the start area will have their number taken and will be disqualified.
- ALL MARATHON RUNNERS** must pass through the first 15km mark in 100 minutes and the 30km mark in 200 minutes. Runners not making these times will be requested to withdraw from the race. Any runner who refuses an official direction to withdraw from the race will be deemed to have abandoned the race and will be left to their own devices.
- CLOTHING BAGS** will be provided at the Assembly Area for your belongings. The Committee will not be responsible for valuables and clothing. Bags will be numbered with your race number and can be collected at the Recovery Area.
- MARATHON COURSE:** The course will be marked at every 5km (eg. 5km, 10km, 15km.) At the turn into Church St., Parramatta, thence into the Great Western Highway, route will have marathon directional signs with arrows. These signs will be predominant at every major change of direction in the last 10km. NB: Observe rail crossing signal at Parramatta Rd, Clyde
- REFRESHMENT STATIONS & TIME CALLS:** Time calls will be made where practical along the course and REFRESHMENT STATIONS placed as close as practicable to each 5km sign. An extra refreshment station will be placed between the 35km and 40km points. Fruit will be available at the 30km station.
- MEDICAL STATIONS** will be established alongside Refreshment Stations and at the finish.
- ALL RUNNERS** must stay in the left hand lane of the main carriageway at all times. Runners dropping behind the bulk of the field must use the footpaths and observe normal traffic signals. All runners must obey the directions of Route Marshals and the NSW Police Service at all times.
- TIME LIMIT:** Road closures, Police, S.E.S. support and aid stations etc are geared for a 5 hour time limit. All finishers will be timed, recorded and receive a finishers medal etc.
- ANY POLICE** direction given must be promptly obeyed.
- NO OBSTRUCTION** may be caused to the movement of pedestrians or vehicular traffic.
- PARTICIPANTS RETIRING** from the race will be transported by sweeper bus.

“ YOU HAVEN’T RUN A MARATHON TILL YOU’VE RUN THE ‘CITIES’ ”

Categories

Marathon (42km 195m)

i)	MALE OVERALL	– 1st, 2nd, 3rd, 4th, 5th							
	FEMALE OVERALL	– 1st, 2nd, 3rd, 4th, 5th							
ii)	INDIVIDUAL		* MALE				* FEMALE		
	U/20.....	1st	2nd	3rd	U/20.....	1st	2nd	3rd	
	20-29.....	1st	2nd	3rd	20-29.....	1st	2nd	3rd	
	30-39.....	1st	2nd	3rd	30-39.....	1st	2nd	3rd	
	40-49.....	1st	2nd	3rd	40-49.....	1st	2nd	3rd	
	50-59.....	1st	2nd	3rd	50-59.....	1st	2nd	3rd	
	60 -69.....	1st	2nd	3rd	60 -69.....	1st	2nd	3rd	
	70 and over ...	1st	2nd	3rd	70 and over ...	1st	2nd	3rd	

TEAM OF 3 – WITH THREE (3) ACROSS THE FINISH LINE TO COUNT.
Team entries must be submitted together – enclosed in one envelope.
NO TEAM ENTRIES ACCEPTED AFTER 16th JULY, 2003.

* If there are insufficient entries in any section that section may be deleted at the discretion of the officials.

The Travelodge Blacktown Half Cities Challenge (2 Runner Relay)

Open Male Team	1st	2nd	3rd	Corporate Male Team	1st	2nd	3rd
Open Female Team	1st	2nd	3rd	Corporate Female Team	1st	2nd	3rd
Open Mixed Team	1st	2nd	3rd	Corporate Mixed Team	1st	2nd	3rd

Prize Money And Awards

- The total prize money for the 2003 “Cities” is over \$3500.

The first five marathon individuals across the line will receive the following prize money:

1st.....	Male and Female	\$1000.00
2nd.....	Male and Female	\$ 500.00
3rd.....	Male and Female	\$ 250.00
4th.....	Male and Female	\$ 100.00
5th.....	Male and Female	\$ 50.00

- The Travelodge Blacktown Half Cities Challenge. \$250 to 1st placed Open Male, Female, Open Mixed and Corporate
- Team.
- First local runner (Male and Female) receive a weekend holiday for two.

‘Cities’ Marathon Bus Service

Blacktown City Council provides a free bus service for participants in the ‘Cities’ Marathon. The bus departs from finish area (Blacktown Olympic Centre) at 5:00 a.m. sharp on the 28th July, 2002 and will transport participants to the starting area at the Sydney Town Hall, arriving at approximately 6:00 a.m. A limited number of seats are available and bookings for the bus are essential by phoning Council’s Special Events Unit on (02) 9839-6075 or email: mark.gibson@blacktown.nsw.gov.au

Blacktown City Council thanks

“CITIES” SUPPORTERS

- | | |
|---------------------|----------------------------|
| • Cadbury Schweppes | • Runners World |
| • Radio Station 2WS | • Travelodge Blacktown |
| • Quality Trophies | • Minchinbury Fruit Market |



Also thank you to the following for their support:

- | | |
|---|----------------------|
| N.S.W. POLICE SERVICE | SYDNEY CITY COUNCIL |
| N.S.W. STATE EMERGENCY SERVICE | THE RED CROSS |
| ROADS & TRAFFIC AUTHORITY | HOLROYD CITY COUNCIL |
| THE ASSOCIATION OF REMEDIAL MASSEURS (A.R.M.) | |
| N.S.W. CENTRAL DISTRICT AMBULANCE SERVICE | |
| BLACKTOWN CITY LITTLE ATHLETICS ORGANISATIONS | |