



TASMANIAN MARATHON CHAMPIONSHIPS

OVER THE OLYMPIC CERTIFIED DISTANCE OF 42.195 kms.

2004 TASMANIAN "GLASS AND A HALF" MARATHON

In association with ATHLETICS TASMANIA

Sunday, 11th January, 2004 CADBURY'S FACTORY, CLAREMONT.

IMPORTANT: Please complete neatly in block letters and return this portion of the ENTRY FORM.

SURNAME: INITIALS: SEX M or F: FIRST NAME: ADDRESS: number and street STATE: suburb or town POSTCODE: TELEPHONE: home work

Please tick event entered:

EMAIL:

- 6.00am - MARATHON (for runners/walkers) (START) (must be 18 years or over)
6.00am - HALF MARATHON (for runners with an estimated finishing time slower than 2hrs and all walkers) (START) (It is recommended participants should be 16 years or over)
7.00am - HALF MARATHON (for runners with an estimated finishing time faster than 2hrs) (START) (It is recommended participants should be 16 years or over)

AGE ON JAN 10th 2004 Best time for distance entered: Name of Event: Date of event: FIRST MARATHON / HALF YES NO Anticipated finishing time:

ENTRY FEES

If you are a registered athlete please fill out your Registration Details:

Club: No:

Table with 2 columns: FEE, EVENT. Rows: \$25.00 - Marathon (late entry fee \$30), \$20.00 - Half Marathon (late entry fee \$25)

Athletics Tasmania registered members, are eligible to a \$5.00 discount on their entry fee, excluding a late entry fee. (Entry Fees GST inclusive)

Total Enclosed: \$

ENTRIES close Friday, January 2nd, 2004. Late Entries will be accepted on the day up until 1/2 hour before the start, with an additional late entry fee being applicable.

ATHLETICS TASMANIA or leave at TALAYS GPO Box 2051 16 Montpelier Retreat Hobart 7001. Battery Point.

DECLARATION

- 1 I have read the conditions of entry for this event and understand the demanding physical nature of the event.
2 I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including: over exertion, dehydration and accidents with other participants, spectators or road users.
3 I acknowledge that it is a condition of participating in this event that I do so at my own risk.
4 Any terms which may be incorporated into this contract by statute or which may be implied by Common Law relating to the quality or fitness for purpose of any equipment of facilities of the event organiser, its agents, affiliates, employees, members, sponsors, promoters, volunteers and any person or body directly or indirectly associated with the event are, to the extent that it is lawfully possible, hereby excluded.
5 I will abide by the 2004 Cadbury Tasmanian Glass and a Half Marathon Conditions of Entry.

Signature of Entrant

Signature of Parent or Guardian (required if entrant is U/18)

TASMANIAN CHAMPIONSHIP EVENTS ARE INCORPORATED AS A SECTION OF THE CADBURY MARATHON AND ARE ADMINISTERED SOLELY BY ATHLETICS TASMANIA

For enquiries please contact Athletics Tasmania on: (03) 6234 9551

Email: info@tasathletics.org.au

Entry forms and results will be available at: www.tasathletics.org.au

Only registered athletes are eligible for **OPEN** Title, however there are additional awards for the following categories. Please identify;

Over 35 Women

Over 40 Men

PRIZES

MARATHON

1st MALE/FEMALE.

AT Medallion.
\$500 cash.
Selection in Tasmanian Team subject to qualifying time.

2nd MALE/FEMALE.

AT Medallion.
\$250 voucher.

3rd MALE/FEMALE.

AT Medallion.
\$100 voucher.

OLDEST MALE/FEMALE (to finish Marathon).

AT Medallion.
\$50 voucher.

ALL FINISHERS WITHIN 5 hour TIME LIMIT.

Medallions.
Certificates of Achievement.
Eligible for Spot Prizes

RECORD BREAKERS AND PERFORMANCE INCENTIVES - MARATHON -

Incentives are on a first to do it basis.

Break State Residential Record -

Men (D Chettle) - 2hrs 10mins 20secs **\$300**

Women (T Fenton) - 2hrs 41mins 39secs **\$300**

Break Course Record -

Men - 2hrs 23mins 59secs **\$200**

Women - 3hrs 10mins 00secs **\$200**

HALF MARATHON

1st MALE/FEMALE.

\$200 cash

2nd MALE/FEMALE.

\$150 voucher.

3rd MALE/FEMALE.

\$75 voucher.

ALL FINISHERS WITHIN 2¼ hour TIME LIMIT.

Medallions.
Certificates of Achievement.
Eligible for Spot Prizes

RECORD BREAKERS AND PERFORMANCE INCENTIVES - HALF MARATHON -

Incentives are on a first to do it basis.

Break State Residential Record -

Men - 1hr 03mins 49 secs **\$200**

Women - 1hr 10mins 24secs **\$200**

Course Time under -

Men - 1hr 06mins 00secs **\$100**

Women - 1hr 14mins 00secs **\$100**



WHEN YOU'RE SERIOUS ABOUT SPORT

Ph: (03) 6224 9599



City of Glenorchy

**A MAJOR SPOT PRIZE
WILL BE AWARDED**

(Minimum value \$250)



**Athletics
Tasmania**



COURSE DESCRIPTIONS

Marathon: The Marathon starts at Cadbury's Factory and follows a loop twice around the Cadbury's Estate then to the Main Road via Bilton Street. Turn right and follow the Main Road to the top of Ten Mile Hill (Bus Stop). Return past Bilton Street and follow Main Road and Brooker Highway turning left into the Derwent Entertainment Centre. Follow the DEC road around the back of the Elwick Race Course to Dowsing Point. Turn around, then back along the same course to Bilton Street. Complete circuit twice and then right into Bilton Street to the finish at the Cadbury Factory.

Half: One circuit of the Marathon Course, but turning outside the Derwent Entertainment Centre.

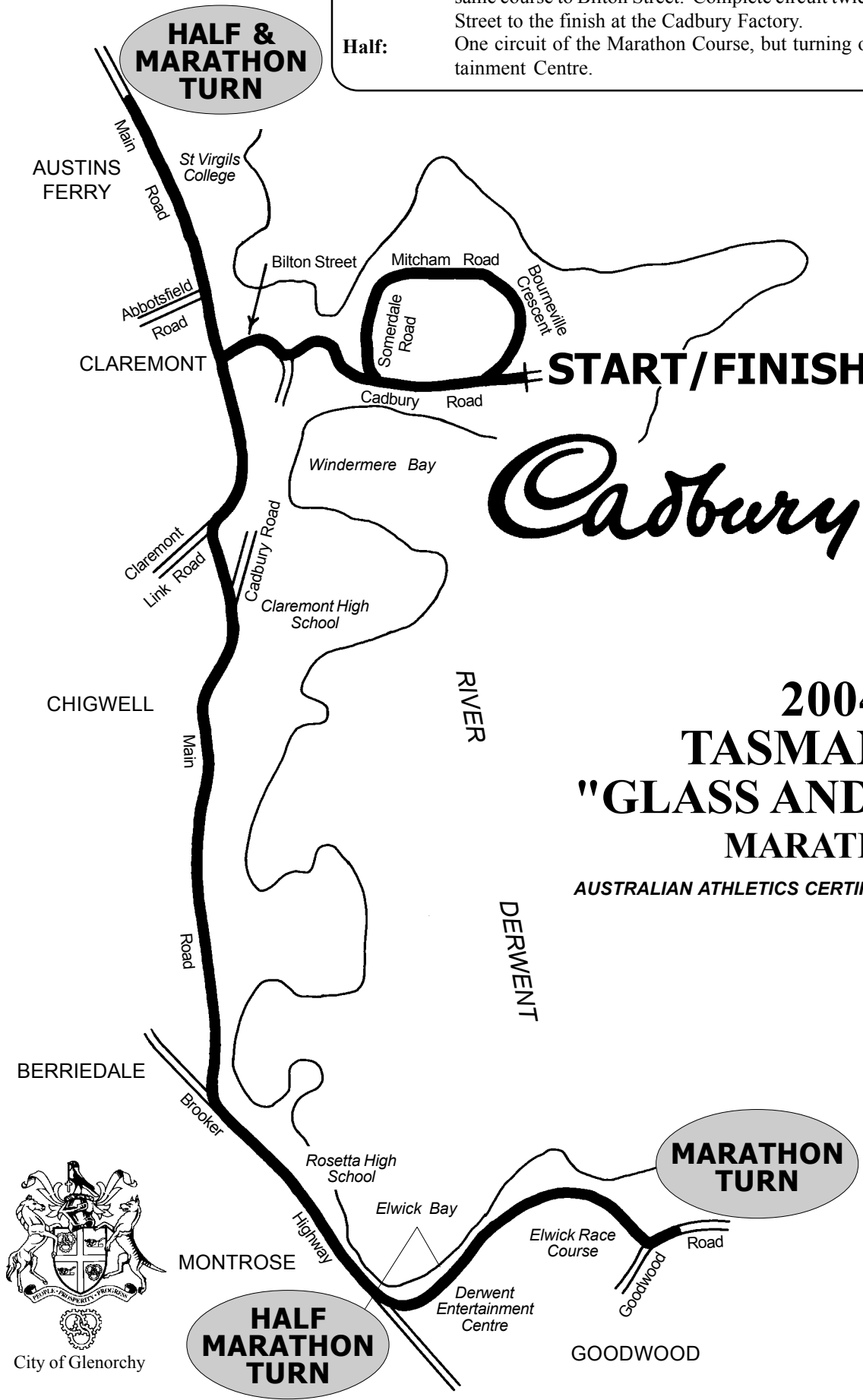
HALF & MARATHON TURN

START/FINISH



2004 TASMANIAN "GLASS AND A HALF" MARATHON

AUSTRALIAN ATHLETICS CERTIFIED ACCURATE COURSE



HALF MARATHON TURN

MARATHON TURN



2004 "GLASS AND A HALF"

Notes for Entrants and Race Rules

1. **START ASSEMBLY:** all participants must be assembled in the Assembly Area 10 minutes prior to start time of race, according to their estimated finish time from where they will be led to the starting line. Race numbers must be securely attached to the front of your top body cover and clearly displayed at all times or you may be considered as having abandoned the race. All results and times will be processed by your race number.
Runners assembling at the starting line and not at the assembly area, accepting lifts or entering the race at points other than the start area, will have their number taken and will be disqualified and not recorded. There will be no appeal against any disqualification.
Race numbers are to be collected at the start by 5.00am for the 6.00am start and by 6.00am for the 7.00am start.
2. **REFRESHMENT STATIONS:** will be placed as close as practicable to each 5km. Participants with personal feeding requirements must lodge them with the Equipment Officer no later than 4.30am, clearly marked with your name, race number and feeding station intended.
Special Note: Please drop empty cups into bins where available.
3. **ALL RUNNERS:** must stay in the lane on the Derwent River side of the main carriageway at all times. All runners must obey the directions of Route Marshalls at all times.
4. **PARTICIPANTS RETIRING:** from the race should go to the nearest refreshment or medical station or to the Finish Recovery Area and seek treatment and refreshment. A section of the Recovery Area at the finish has been set aside for participants to meet friends more easily.
5. **OFFICIALS ONLY:** will be permitted in the Finish Processing Area. Runners must proceed on to the Recovery Area immediately after having their number recorded at the tables.
6. **MEDICAL STATIONS:** will be established at specified points along the route and at the finish to give assistance when needed.
7. **THE ORGANISING COMMITTEE:** reserves the right to alter any of these rules prior to the start of the race.
8. **NO CYCLISTS OR ROLLER SKATERS WILL BE ALLOWED TO ENTER OR ACCOMPANY THE RUN.**
9. A BBQ will be provided for participants after the race.



City of Glenorchy



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