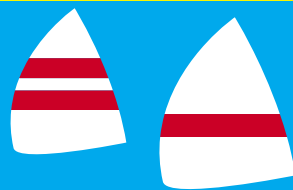


SUNDAY 11 JULY 2004

RUNNER'S
WORLD



SANDYPOINT HALF

- Half marathon (21.1km) 8.15am
- 10km Run/7km Walk 8.30am



FREE
T-shirt to all
half marathon
entrants

Set yourself a new running target with Melbourne's newest half marathon, the *Runner's World Sandy Point Half*.

A fast, flat course overlooking Port Phillip Bay, starting in Jetty Road, Sandringham and travelling along Beach Road on a two lap, out and back course finishing on the Trevor Barker Oval. The 7km walk and 10km run includes a one lap course along Beach Road.

Melways Ref Map 76 F8
Trevor Barker Oval, Sandringham

RUNNER'S
WORLD

Subscribe to *Runner's World*, the world's leading running magazine. Subscribe for nine issues for \$47 or a *Runner's World* subscription plus the exclusive *Runner's World* watch at \$83. Fill out your details on entry form.

Watch features: 12 or 24 hour function, two time zones, calendar, alarm, chronograph with 8 lap memory, timer, counter, and illuminated large digit display.



**START TO
FINISH**
EVENT MANAGEMENT

For further information or enter on-line at:
www.ausrun.com.au
Ph: 03 9819 9225 Fax: 03 9819 6418

RUNNER'S
WORLD

SANDY POINT HALF

Sunday 11 July 2004 • Half marathon 8.15am • 10km run/7km walk 8.30am

SERVICES

- Separate male and female change rooms and showers
- Warm-up aerobics • Clearly marked and accurate course
- Showbag of goodies • Massage - pre and post event
- FREE T-shirt to all half marathon entrants only

RECOMMENDATION

It is recommended that you:

- seek medical advice to ensure that you are fit to compete and that this advice is obtained regularly and with the specific demands of this event in mind and
- you take appropriate steps to ensure that you are hydrated prior to, and during, the event.

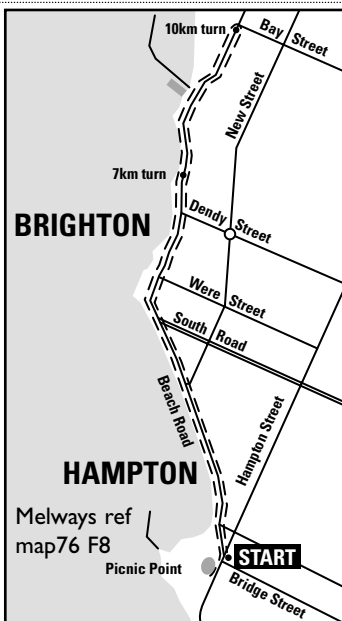
AGE CATEGORIES

For Half/10km run only

- U/15 years • U/18 years
- 18 - 29 years • 30 - 39 years
- 40 - 49 years • 50 - 59 years
- 60 + years • Male and Female

COURSE DESCRIPTION

The half marathon starts overlooking Port Phillip Bay in Jetty Road then moves out onto Beach Road for a double out and back course with the turnaround at Bay Street. The finish is on the Trevor Barker Oval. The 7km walk and 10km run includes a one lap course along Beach Road, 7km turnaround is at Keith Court, 10km turnaround is at Bay Street. Both events finish on Trevor Barker Oval.



ENTRY FEES

• No refunds • No dogs

	Early before 30/6/04	Late/On day after 30/6/04
• Half Marathon (Includes FREE Event T-Shirt)	\$45	\$55
• 10km Run/7km Walk		
Adult	\$20	\$25
Health Care card/Students	\$15	\$20
Child (u/15)	\$10	\$13
Family (2 adults, 2 children U15; extra child \$9 each)	\$52	\$60
Fax Entry	\$2 extra	

On day entries taken

HOW TO ENTER

1. Online www.ausrun.com.au
2. Post entry forms and payment to:
Sandy Point Half, 3 B Lynch St Hawthorn VIC 3122
3. Fax to Start to Finish (03) 9819 6418 + \$2 fax fee

PAYMENT DETAILS FOR ENTRY

Please find enclosed payment for:

Run/Walk Entry	\$
Faxed Entry (\$2)	\$
RW Sub (\$47)	\$
Sub + watch (\$83)	\$
Race Kit and P/H	\$ 1.00
Total	\$



Half marathon T-shirt sizes, please indicate:

S M L XL

Enclosed is my cheque/money order for \$ _____ or debit my:

BANKCARD MASTERCARD VISA AMEX

Card number: _____

Card name: _____

Signature: _____ Expiry date: ____ / ____

Entry Form or on-line at www.ausrun.com.au

INDIVIDUAL ENTRY/FAMILY

First name	Last name	Sex M/F	Birth Date Day Mon Year	7km Walk	10km Run	Half Marathon
1. _____	_____	<input type="checkbox"/>	____/____/____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ADDRESS DETAILS Street Name

_____ Telephone (daytime) _____

Suburb

Postcode

Email address

FAMILY EXTRA DETAILS

First name	Last name	Sex M/F	Birth Date Day Mon Year	7km Walk	10km Run	Half Marathon
2. _____	_____	<input type="checkbox"/>	____/____/____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	_____	<input type="checkbox"/>	____/____/____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	_____	<input type="checkbox"/>	____/____/____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

DECLARATION: 1. I have read the conditions of entry for this event and understand the demanding physical nature of the event. I have trained for this event and I am not aware of any medical condition or impairment that will be detrimental to my health if I participate in this event. In the event that I become aware of any medical condition or impairment, or am otherwise sick or injured prior to the event, I will withdraw from the event. 2. I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including; over exertion, dehydration, and accidents with other participants, spectators or road users. 3. I acknowledge that it is a condition of participating in this event that I do so at my own risk. I accept all risks and release the event organiser, its agents, affiliates, employees, members, sponsors, promoters, volunteers, and any person or body, directly or indirectly associated with the event, from all claims, demands and proceedings arising out of or connected with my participation on this event and I indemnify them against all liability for all injury, loss or damage arising out of or connected with my participation in this event. This release continues forever and binds my heirs, successors, executors, personal representatives and assigns.

ATHLETICS AUSTRALIA (AA) DECLARATION: Start to Finish Event Management (StF) stages this event to benefit the sport of athletics with the assistance of AA. StF collects information from all participants for the administration and conduct of this event. If you do not provide this information, StF will not be able to register you in this event. In addition, StF will provide such information to AA in order that AA may keep you informed about the sport of athletics, its activities and related products and for direct marketing purposes.

By entering this competition, you agree to StF collecting and disclosing the information described to AA. You also agree to receive certain information from AA and other companies associated with AA unless you have ticked the box(es) below:

- I do not wish to receive information on events similar to this from AA or companies associated with AA
 I do not wish to receive any future marketing or promotional material from AA or companies associated with AA

Signatures of entrants 1. _____ 2. _____ 3. _____ 4. _____

If you are under 18 on the day of the event your entry must be signed by parent or guardian. All entrants must sign declaration.

I would like to receive information about future running events Yes No

Where did you get this entry form from? Friend Runner's World magazine Start to Finish Mailout
 Personal Trainer Gym Event

Make cheques payable to:
Start to Finish Events
Mail or drop entry forms to:
SANDY POINT HALF
3 B Lynch Street
HAWTHORN VIC 3122



www.ausrun.com.au