

Black Mountain Run Up and Power Walk event information

July 2019

Free 2.6 km Run and power walk up Black Mountain starting promptly at 12.45pm on the third Tuesday of each month. Start at the car park entrance on Clunies Ross Street, Acton, 150 m east of the entrance to the Botanic Gardens. Finish on the summit of Black Mountain. Make your own way back down the mountain. Altitude at the start 575m. Altitude at the finish 811m. Gain 236 metres.

Arriving: please arrive at the start between 12.30pm and 12.40pm. There will be a short briefing at 12.45pm before starting.

The course: The first 800m is fairly flat and follows a 4WD trail adjacent to the Botanic Gardens fence. At Frith Road, turn left and follow Frith Road uphill for about 400m before turning right (signposted by Centennial Trail signpost). 100m after passing through the Canberra Nature park gate turn left on to the Summit Trail (signposted). At the highest point on the concrete section nearing the summit, there is a Centennial Trail sign turning right for the final 150 m to the finish.

At the finish: The time keeper calls your finish time. Write your full name clearly on a finish recording pad.

Photography: Start and finish photographs are usually taken and published with the results on the Australian Mountain Running Facebook page that day.

