



AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

PO Box 282, Runaway Bay Qld 4216

Tel 07 5537 8872

Fax 07 5529 2314

Mobile 0408 527 391

Email: president@ultraoz.com

Internet: www.ultraoz.com

AUSTRALIAN TEAM FOR 100 KMS WORLD CHALLENGE IN TAIWAN, 16 NOVEMBER 2003

The Australian Ultra Runners Association Inc, in conjunction with Athletics Australia, is pleased to announce the selection of its 6-man team to represent Australia at the 100 kms World Challenge to be held in Taiwan on 16th November 2003.

Don Wallace 42 Qld

One of Australia's most experienced 100 kms runner with 5 sub-7 hours performances in 6 outings from 1992 to 1995. Has concentrated more on Comrades marathons (88-90kms) since then 5 finishes in the top 15. Has won most trail races in Australia of distances up to 100 kms.

Mark Hutchinson 36 Qld

Has run at least 10 marathons at 2:20 or less, which makes him the fastest marathoner of the team. Ran his first 100 kms at the Gold Coast 100 in July 2003, going through the halfway mark in 3:24. Faded in the last half but had run a hard marathon just 6 days earlier.

Yiannis Kouros 46 Vic

Holder of world records (or bests) for all distances from 200 kms to 1,000 miles. Practically unbeatable for the last 20 years at distances from 200 kms and upwards, in continuous (that is, other than stage) races. Won 7 major international races in 2002 ranging from 50 miles to 48 hours. Has run sub 7 hours 100 kms on 5 occasions, the last in 1998.

Tim Sloan 36 Tas

Has run 3 sub 7 hrs 100 kms, the best of which was 6:29 in 1995, the fastest ever by an Australian. Won Mansfield to Buller 50 kms in 2002 in course record time and won 6 foot track of 46 kms in 2002.

Warren Holst 42 Vic

Has run many sub 2:30 marathons, with a PB of 2:24. Ran 7:42 for the Australian team in the 2002 World 100 kms Challenge in Belgium. Ran 7:50 at the Gold Coast 100 in July 2003, going through the halfway mark in 3:28.

Colin Oliver 33 Tas

Has run many marathons of sub 2:30, with a best of 2:21 in 1997. Stepped up to ultra marathons in 2003 winning the 64 kms Bruny Island race in record time.

The team consists of 6 runners with the fastest three to count.

An aggregate finish time sub-21 hours would give Australia a good chance of a podium result.

Reserves are from

Mal Grimmett 36 Vic

Has run many marathons in 2:30 to 2:35 range. Best 50 kms time of 3:11 set in 1000. Has won numerous 12 and 24 hours rogaining races. Holder of race record for second half of Bogong to Hotham.

Mike Wheatley 38 Vic

Best marathon was 2:38 at Gold Coast in year 2000. Ran 2:42 at Gold Coast in 2003. Best 100 kms was 7:32 at the World Champs in 2000.

David Criniti 25 NSW

Best 100 kms 7:51, at Gold Coast 100 in July 2003. Winner of 85kms Coffs to Grafton in 2003.

Nigel Aylott 37 Vic

Best marathon time is 2:36. Won the last 3 peaks Race in Tasmania. A rogaining specialist and adventure racer, he has contested several Eco Challenges.

11 August 2003

For more information contact

Ian Cornelius
President
Australian Ultra Runners Association Inc
Tel 07 5537 8872