

VICTORIAN MASTERS ATHLETICS – EAST BURWOOD VENUE

THE WHITEHORSE 3,000 METRES TEAMS CHALLENGE RUN

EAST BURWOOD RESERVE 23rd OCTOBER 2008

TIMETABLE AND ENTRY FORM

TEAM NAME

DIVISION

*** Male/Female**

*Teams with an age total exceeding 189 years may compete in Division A if they have one or more members under 47.

TEAM MEMBERS

1..... **AGE ON 23/10/08**.....

2.....

3.....

4.....

CONTACT PERSON..... PH.....

MAIL ADDRESS.....

EMAIL.....

TIMETABLE

6.30pm	75 seconds	Nominate own start point (VMA members)
6.40pm	100m	Sprint (VMA Members)
6.50pm	800m	Walk Handicap (VMA Members)
7.00pm	Div A Men (120 – 189 years)	Teams Challenge 3,000m run
7.25pm	Div B Men (190 years +)	Teams Challenge 3,000m run
7.50pm	Div A Women (120 – 189 years)	Teams Challenge 3,000m run
8.15pm	Div B Women (190 years +)	Teams Challenge 3,000m run
8.45pm	Presentation of Trophies and Prizes followed by supper	

Send entries to Alan Lucas, 29 McIver St, Ferntree Gully, Vic 3156. Please make cheques payable to Victorian Masters Athletics. Team entry is \$64 (\$28 goes to Cancer Council "Relay For Life" 15/16 Nov). Entries close Thursday 16th October 2008. Ph Alan 0424 012344 or 9758 9345 or Gerald 9884 4825 for more info.