

Entry Form

2009 Wagga Wagga Trail Marathon/Marathon Relay/10 km/3 km

This form must be completed and signed by each runner/walker, except for the marathon relay where the form is submitted by the team's principal contact person. Before relay race numbers are provided, all relay runners must sign the 'Conditions of Entry'. If it is not possible on this form, see **Run Information** for further details.

Personal details (Please Print)

Family name:		Given name:		Gender:	Date of birth (d/m/y)		
				M: <input type="checkbox"/> F: <input type="checkbox"/>	d	m	y
Mail Address (line 1)			Mail Address (line 2):				
Town/suburb		State:	Postcode:	Country (if not Australia):			
Phone:	Mobile:	Email address:					

Event entered Select one only unless combining a marathon & marathon relay (see **Note 1** below)

Marathon: Marathon relay: 10 km Run: 3 km Run/walk:

If entering the marathon

Is this your first marathon? Yes: No:

If not your first marathon, then:

1. What is your personal best time (hr/min)

hr	min
2. In what year was that best time gained?

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3. Show your likely run time in this event (hr/min)

hr	min

Do you seek an early (7:30 am) start? This is only provided to those aged 60 or more, or providing evidence from other marathons of needing more than 5 hours of running time. It is **not** available to first time marathon runners..... Yes, I seek an early start:

Indicate any interesting information about your running for commentary at the finishing line (Is this your first time in this event? How many marathons have you completed? etc)

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If entering the marathon relay

What is your team's nickname?

Indicate the runner's name (including your's) for each stage of the relay (if a person runs more than one of the four stages, list that person for each stage they run – see Note 2 below). Distances indicated on the right are approximate only; refer to the course map for further information.	0 -10.5 km	
	10.5-20.0 km	
	20.0-31.5 km	
	31.5 km -end	

Note 1: The marathon & marathon relay can be combined by running the first stage (or first several stages) of the marathon relay for a team then continuing on, independently of the other relay team runners, to complete the full course. To select this, tick both the marathon and marathon relay boxes and list yourself as runner of the first stage (or first several stages) of the relay.

Note 2: The marathon relay may be run by 2, 3 or 4 runners. If less than 4, one or more runners complete more than one stage of the relay. All relay runners need to sign the 'Conditions of entry'.

Payment

Event fees	Amount to pay
Marathon	\$65.00 (early entry, by July 14 th , \$55.00) \$ _____
Marathon relay (per relay)	\$65.00 (early entry, by July 14 th , \$55.00) \$ _____
10 km Run	\$15.00 (early entry, by July 14 th , \$12.00) \$ _____
3 km Run/walk	No fee
Accommodation/meals	Number
Riverine Club Bed & Breakfast* \$80.00 double/twin	\$ _____
Riverine Club Bed & Breakfast* \$65.00 single	\$ _____
3 Course pasta dinner* \$28.00	\$ _____

* See the information page for further details about the accommodation and the dinner on the evening of Saturday, August 15th. **Total payment:** \$ _____

Register online at <http://www.coolrunning.com.au/wagga-trail-marathon>. The website allows you to complete registration and payment by credit card. If you do not have a credit card, you can download this entry form and forward the completed form and payment (by cheque or money order only) to *Wagga Wagga Marathon, PO Box 8606, Koorlingal, NSW 2650*. Late entries may be taken at the registration desk (see **Run Information**).

Payment method Online: By mail with entry form: At registration desk:

Conditions of entry - Each person completing this form **must** sign this declaration. If some relay team runners cannot sign this form, a separate declaration form must be used.

- I have read and accept the conditions of entry for this event and understand the demanding physical nature of the event. I have trained for this event and I am not aware of any medical condition or impairment that may be detrimental to my health if I participate in this event. If I become aware of any medical condition or impairment, or am otherwise sick or injured prior to the event, I will withdraw from the event.
- I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including over-exertion, dehydration, incidents along the route, and accidents with other participants, spectators or road users.
- I acknowledge that it is a condition of participation in this event that I do so at my own risk. I accept the risks and release the event organiser, their agents, affiliates, employers, members, sponsors, volunteers and any person or body directly or indirectly associated with this event from all claims, demands and proceedings arising out of or connected with my participation in this event. This release continues forever and binds my heirs, successors, executors and personal representatives.
- I hereby grant full permission to any and all of the foregoing to use my name, my voice and/or my picture in any broadcast, telecast, advertising, promotion, or other account of this event for any purposes whatsoever.

Signature of entrant (or parent or guardian if under 18) and, where possible, each participant in a relay team. **I agree in full with the conditions of entry shown on this form.**

Date:/...../2009